

The Treehouse Club WINTER MENU 2020



 WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	A selection of cereals toast with jam honey, marmite, fresh fruit and yoghurts. milk and water to drink.	A selection of cereals toast with jam honey, marmite, fresh fruit and yoghurts. milk and water to drink.	A selection of cereals toast with jam honey, marmite, fresh fruit and yoghurts. milk and water to drink.	A selection of cereals toast with jam honey, marmite, fresh fruit and yoghurts. milk and water to drink.	A selection of cereals toast with jam honey, marmite, fresh fruit and yoghurts. milk and water to drink.
	   Same across the week				
LUNCH	Tomato and mozzarella pasta bake with garlic bread	Chicken Curry and rice or Vegetable Dahl	Roast chicken, roast potatoes, Yorkshires with seasonal vegetables (contains tomatoes)	Spaghetti Bolognaise (contains tomatoes)	Homemade fish cakes, new potatoes and peas (contains tomatoes)
	 		   	   	   
PUDDING	Fruit	Fruit compote and yogurt	Bananas and freshly made custard	Bread Pudding	Ice Cream Cone
			  	  	 
DAILY SNACKS	Fresh fruit or dried, breadsticks, hummus vegetable batons, rice cakes, plus homemade treats	Fresh fruit or dried, breadsticks, hummus vegetable batons, rice cakes, plus homemade treats	Fresh fruit or dried, breadsticks, hummus vegetable batons, rice cakes, plus homemade treats	Fresh fruit or dried, breadsticks, hummus vegetable batons, rice cakes, plus homemade treats	Fresh fruit or dried, breadsticks, hummus vegetable batons, rice cakes, plus homemade treats
	     Same across the week				
TEA	Selection of sandwiches, tortilla crisps, cucumber and pepper batons with fruit.	Homemade pancakes with various toppings, cheese and biscuits	Ham and cheese toasties with iced sponge cake	Hash Browns, sausages and beans with fruit slices	Bagels and cream cheese with homemade cake
	 	  	  	  	   

Notes: Honey is not given in our baby rooms.

We can not guarantee there will not be any cross contamination, however we will take every precaution to minimise this risk if your child has a severe allergy. Please let us know so we can factor this in to the cooking process. We are a nut free nursey and the pesto and hummus are homemade and do not contain nuts or seeds. We do not use the following allergens ingredients in our menu molluscs crustacean's sesame seeds, peanuts or lupin.

Our meat is sourced locally from Oliver's Butchers in Hutton. Our babies will enjoy our main menu which will be either pureed or mashed for their growing pallets.